

Cholesterol Hypertension - Red Rice Yeast + Q10 - 30 capsules

This food supplement helps prevent the appearance of cholesterol or high blood pressure. 30 capsules.



Reference:36RIZROUQ10

Loyalty points offered: 12

Price: 17.00€

Red Rice Yeast + Q10 - 30 capsules

This dietary supplement **helps regulate cholesterol levels and also prevents high blood pressure**. The beneficial effect is obtained by the daily consumption of 10 mg of monacoline K from fermented red yeast rice preparations.

Tips for use : Take 1 capsule per day, with a glass of water

Daily portion (1 capsule) :

Red yeast rice : 570 mg Co-enzyme Q10 : 30 mg Monacoline K (Lovastatin): 9,12 mg

- To be taken as part of a balanced and varied diet.
- Take advice from a health professional
- Do not exceed the indicated daily dose.
- Not recommended for children, pregnant or breastfeeding women, haemostatic patients and in case of hepatic or renal disorders.
- May have adverse effects on activity and blood pressure in children.
- Spacing out the intake of red yeast rice and grapefruit juice by at least two hours.
- Keep away from heat.

INGREDIENTS : Red yeast rice (*Monascus purpureus*) with 1,6% monacoline K, co-enzyme Q10, gastroresistant capsule of vegetable origin.

Box of 30 capsules dosed at 600 mg.
Net weight: 20.85 g

[Link to the product](#)